



# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)







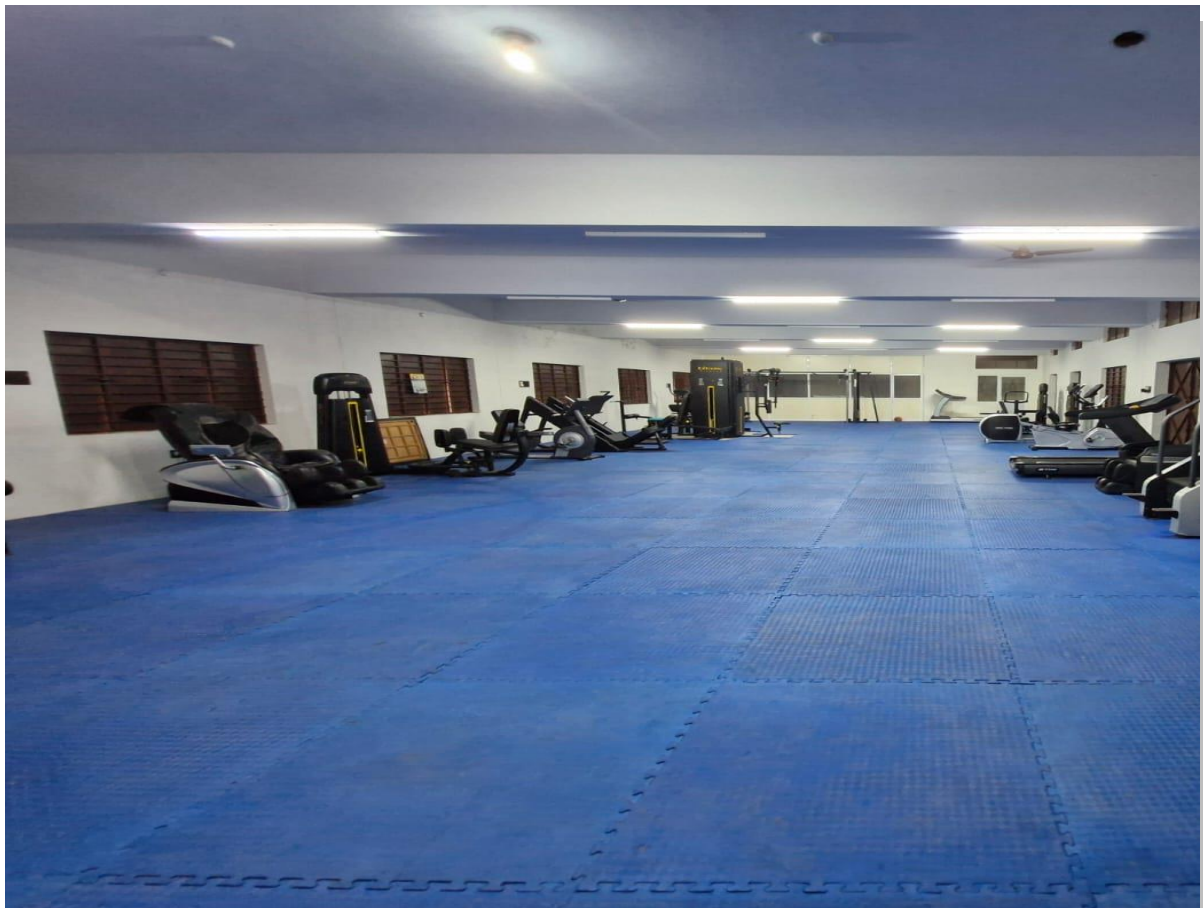
# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)





# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



## EQUIPMENTS AVAILABLE

1. MULTI GYM
2. TWISTER DOUBLE
3. HIP FLEXER
4. PONY RIDER
5. CYCLING
6. WEIGHT PLATES WITH RODS
7. LIFTING STAND
8. TREAD MILL
  - (a) MANUAL
  - (b) MOTORISED
9. BENCH PRESS
10. BELT VIBRATOR
11. CURL BENCH
12. LAT ROWING BAR
13. ROMAN CHAIR
14. PLATE & DUMBELLS RACK
15. 100 Kgs WITH ADJUSTMENT ROD
16. DOUBLE CABLE CROSS
17. HYPER EXTENSION

TREAD MILL → MOTORISED

TREAD MILL → MANUAL

COMMERCIAL ELLIPTICAL

RECUMBENT BIKE

ELLIPTICAL BIKE

BUTTERFLY REAR DELT

CHAIR REST

FLATE BENCH

MULTI ADJUSTMENT BENCH

COMMERCIAL TREAD MILL

COMMERCIAL ELLIPTICAL TRAINER

COMMERCIAL RECUMBENT BIKE

STAIRCLIMBER

LEG PRESS

MULTI GYM

CABLE CROSS

ROTARY TORSO

ADDUCTOR / ABDUCTOR

MASSAGE CHAIR





# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



**Basket ball ground**



**Basket Ball Ground**





# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)





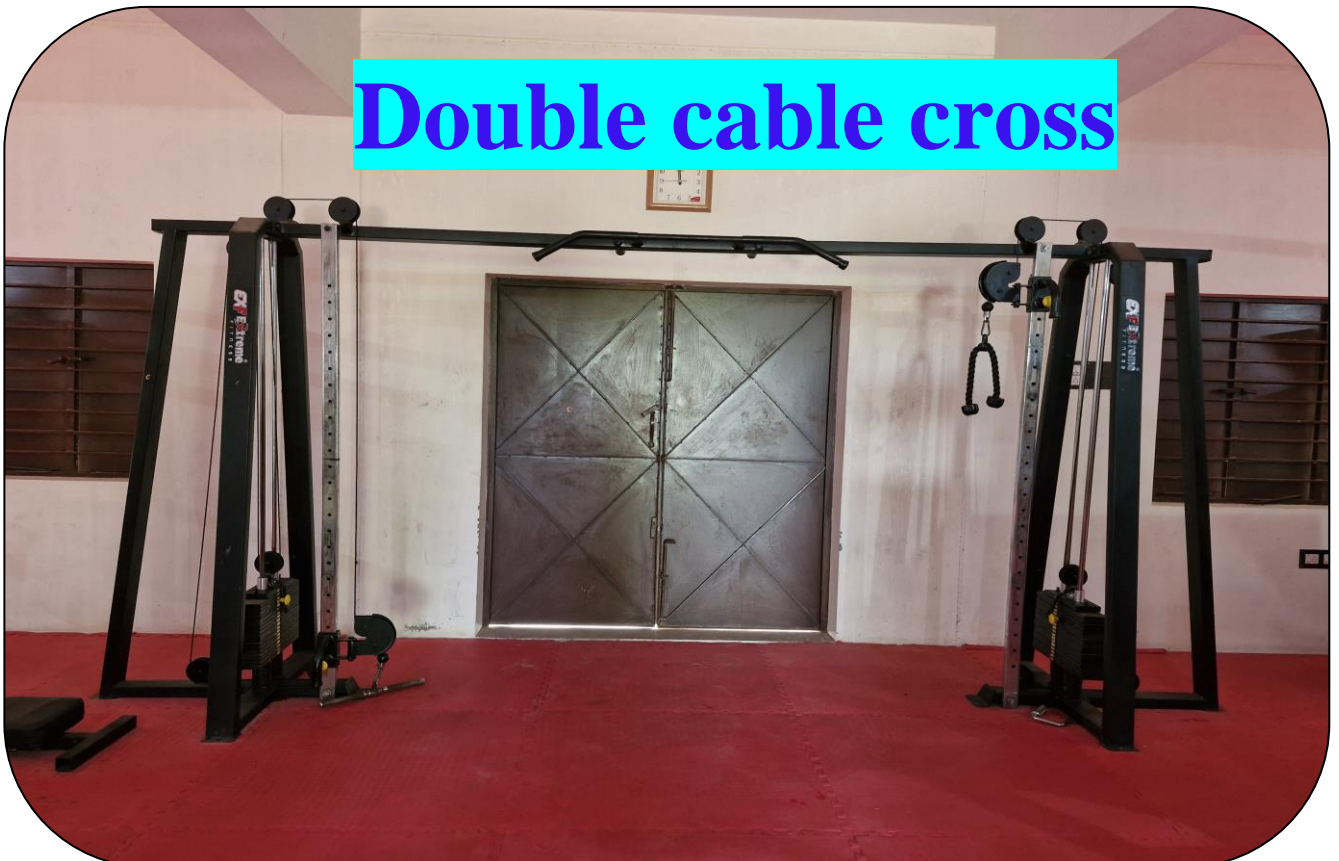
# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)







**SOURASHTRA COLLEGE (Autonomous)**

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



**Dumbbell-various weight**



**Treadmill motorized**



# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



**Motorized step walker**



**Equipment Rotary Torso**





# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



## Chest Commercial Synergy 360 Crossfit 4 Gate



## Fitness center







# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

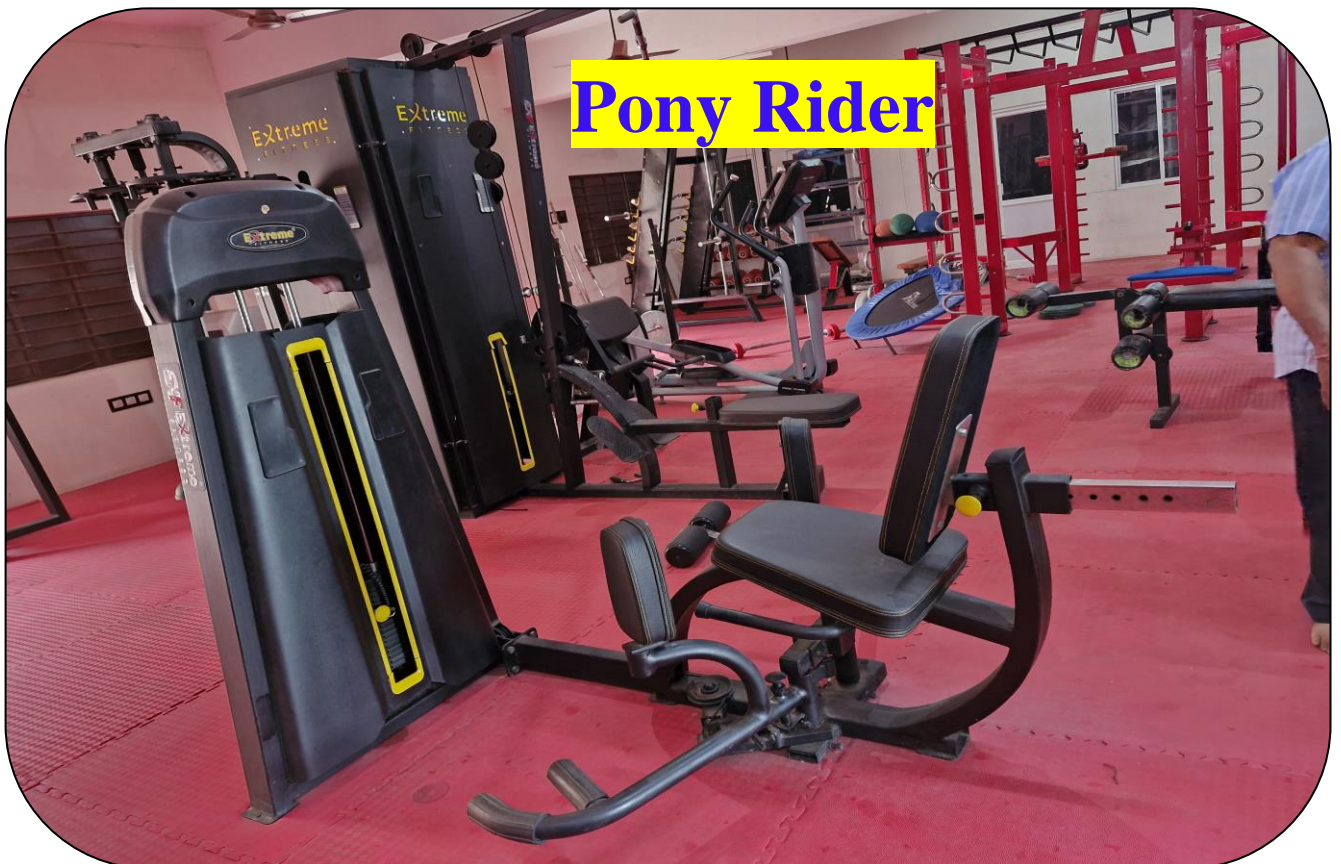
Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



## Weight Lifting



## Pony Rider







# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



## Instrument for girls



## Gym for Girls







# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



**Multifunctional trainer**



**Chest Commercial Synergy 360 Crossfit 4 Gate**





# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

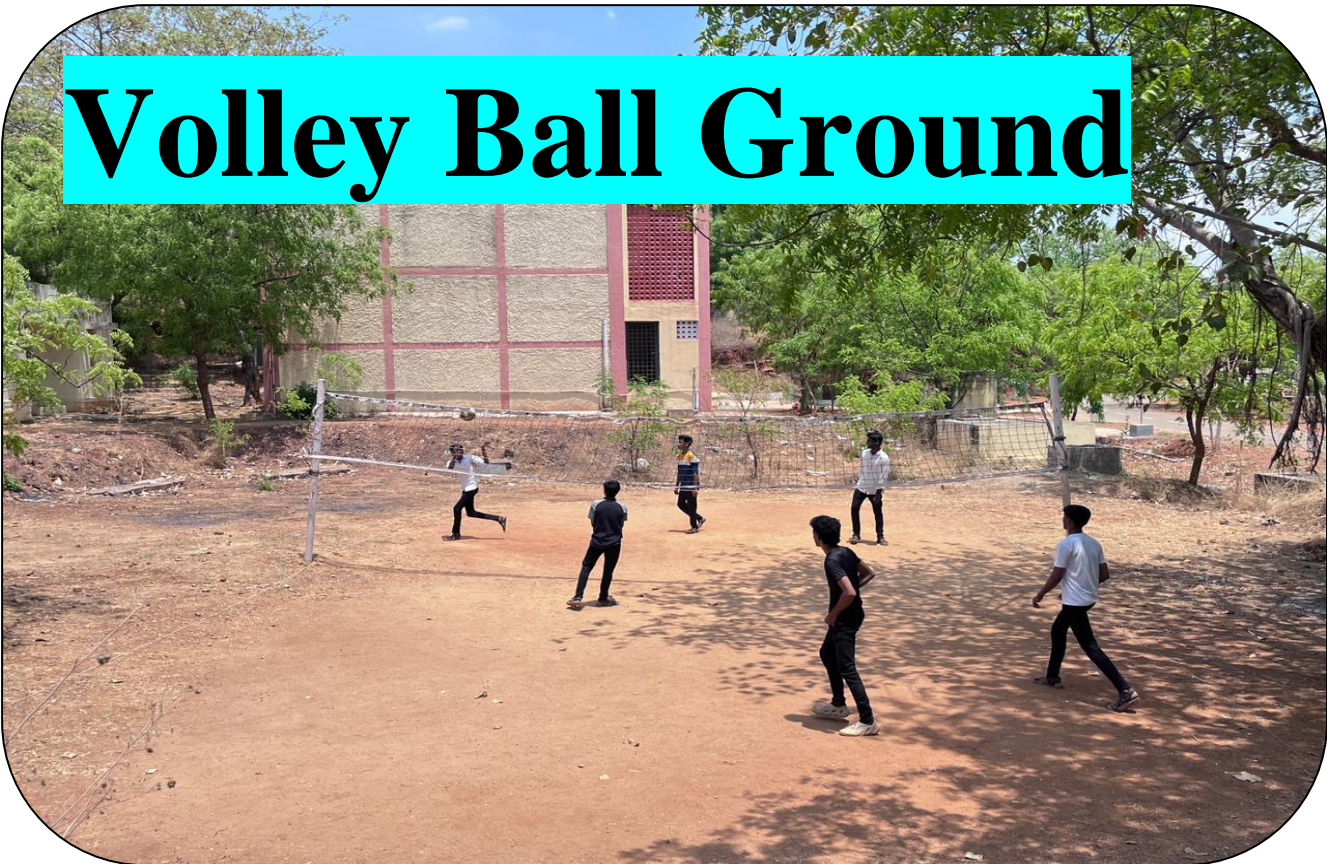
(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



**Cricket Ground**







# SOURASHTRA COLLEGE (Autonomous)

(A Linguistic Minority Co-education Institution)

(Affiliated to Madurai Kamaraj University & Re-Accredited with 'B+' Grade by NAAC)

Vilachery Main Road, Pasumalai (P.O), Madurai-625004.

Website : [sourashtracollege.com](http://sourashtracollege.com) E-Mail : [soucollege@gmail.com](mailto:soucollege@gmail.com)



## Biceps Curl Machine



## Chest Commercial Synergy 360 Crossfit 4 Gate

